

Little Tree Project Freedom Bags

Thank you so much for your interest in helping us create and distribute Freedom Bags to survivors of trafficking! Here's some more information on how you can specifically help us with this project.

- Given to rescue teams from our many partnerships, these packages will meet the immediate and practical needs of a survivor of trafficking in their moment of crisis.
- Freedom Bags will include essential items, Little Tree Project information, letters of encouragement, and a journal in a Little Tree Project tote
- You can help us get these Freedom Bags to survivors in need by any single task or combination of the following tasks:
 - Donate essential items to fill the bags
 - Have a bag packing party
 - Distribute packages to first responders, healthcare professionals, and rescue teams

1. Donating Essential Items

Below is a list of the essential items we include in each Freedom Bag. You can pick one item and donate in bulk, you can donate all the items or any combination in between. Every little bit helps! Some economical places to find these items will be Dollar Tree, Walmart, and Sam's if you're buying in bulk.

If you are donating items, please coordinate with allana@thelittletreeproject.org for drop off times and locations.

Essential Items:

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| ○ Blankets | ○ Brush/comb |
| ○ Socks | ○ Unisex cotton t-shirts (modest, all sizes) |
| ○ Ponytail holders | ○ Unisex deodorant |
| ○ Chapstick | ○ Sensitive baby wipes |
| ○ Unisex travel-sized body wash/soap | ○ Toothbrush |
| ○ Female and male undergarments (all sizes, cotton and modest) | ○ Toothpaste |
| ○ Sports bras (one size fits all, modest) | ○ Feminine hygiene products |
| ○ Unisex sweat pants/leggings (all sizes, opaque) | ○ Hand sanitizer |
| | ○ Non-perishable healthy snacks (granola bars, dried fruit and nuts, tuna kits, jerky, etc) |

2. Have a Packing Party

Get your church group, friends, and family together to help assemble bags. If you and your group are only interested in donating your time to help assemble the bags, we will supply the necessary supplies through other donations. All you have to do is show up and make it happen!

As packing these bags won't take too long, here are some fun ideas to add to your packing party.

- Sleepover with friends
- Game Night
- Movie Night
- Dinner Party

If you and your party would like to donate the items in addition to the packing of the bags, decide on a number of bags you would like to pack (let's say 20) and assign a specific item to everyone coming to the party. Then, ask each person to bring 20 of their assigned item(s). Once everyone arrives, you then have all the supplies you need to bag the Freedom Bags!

When assembling the bags, please omit to add the sports bras, sweatpants, underwear, and t-shirts and leave them as a separate donation. This is due to the fact that we don't know the size of the survivor that specific bag is going to. We will provide in a second bag to the first responders.

Please coordinate with allana@thelittletreeproject.org for acquiring the Little Tree Project totes as well as the drop off times and locations of assembled bags.

3. Distribute packages to first responders, healthcare professionals, and rescue teams. In order to get these bags into the hands of a survivor of trafficking, we are distributing them to the workers on the frontlines. If you would like to help with this certain task, your job would be to drive around Baldwin County, dropping off prepared bags to specified locations.

Please coordinate with allana@thelittletreeproject.org for details.

Thank you so much for your generosity and willingness to assist in the fight against human trafficking! Each Freedom Bag you make will one day be in the hands of a survivor of trafficking. Although a seemingly small task, these bags will help us plant hope, purpose, and love in the hearts of survivors.